

Puppy Daily Schedule (8+ weeks old)

*A two-month-old puppy can hold his bladder for approximately 2 hours during the day, meaning they can handle a two-hour crate time. A three-month old puppy can hold it for 3 hours, etc. Once puppies are older than 4 months, I only leave puppies in crates for a maximum of 4 hours during the day without a break. If you will be gone longer than your puppy can hold it, set up an area as described in our Preparing For My Puppy module under Housetraining.

**Young puppies may need to potty every 15-20 minutes while out playing so watch them closely while in your home! Never take your eyes off them during playtime. As your puppy matures, I lengthen crate times and housetraining times on the schedule below as appropriate.

6:00am WAKE UP

- Potty Break (Approximately every 30-60 minutes while awake – Adjust to your puppy's needs)
- Practice some manners and behaviors using toys, praise, attention or kibble.
 - Pick and play your GAMES & ACTIVITIES (SEE DAYS BELOW)

7:00am BREAKFAST & TRAINING

- Potty Break... Did your puppy go?
 - NO = Crate time OR watch them like a hawk for 5-10 minutes then try again!
 - YES = Playtime inside the house... remember to watch your pup 100% of the time!
- Training Session #1
 - Work on a chosen lesson from the CURRICULUM page.
 - Feed breakfast by using your pup's meal to practice manners and behaviors.
 - Play games found on the GAMES & ACTIVITIES page.
 - Feed remaining breakfast in a Kong or food bowl.
 - Play time - focus on housetraining and helping your puppy find the door as needed.

9:00am CRATE TIME

- Potty Break
- Crate Time (give your puppy a Benebone or other safe chew item to help pass the time)
 - Begin with multiple short 5-10 minute sessions and progress to a couple of hours this first week.

11:00am TRAINING

- Potty Break
- Training Session #2 (in a different location around your house)
 - Work on a chosen lesson from the CURRICULUM page.
 - Feed any remaining kibble from breakfast via your hand to reward good behavior.
 - Play games found on the GAMES & ACTIVITIES page.
 - Play time - focus on housetraining and helping your puppy find the door as needed.
 - Use exercise pens, gates, or a leash etc. to keep your puppy in a contained area of your home, or tethered directly to you, when you can't provide 100% adult supervision.

1:00pm CRATE TIME

- Potty Break
- Crate Time

3:00pm TRAINING

- Potty Break
- Training Session #3
 - Work on a chosen lesson from the CURRICULUM page.
 - Play games found on the GAMES & ACTIVITIES page.
 - Play time outside in a fenced area.
 - Use exercise pens, gates, or a leash etc. to keep your puppy in a contained area of your home, or tethered directly to you, when you can't provide 100% adult supervision.

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5:00pm CRATE TIME

- Potty Break
- Crate Time

7:00pm DINNER & TRAINING

- Potty Break
- Training Session #4
 - Work on a chosen lesson from the CURRICULUM page.
 - Play games found on the GAMES & ACTIVITIES page.
 - Feed dinner by using your pup's meal to practice manners and behaviors.
 - Finish up any training from the day you did not yet complete.
 - Playtime inside with the family... remember to watch your pup 100% of the time!
 - Use exercise pens, gates, or a leash etc. to keep your puppy in a contained area of your home, or tethered directly to you, when you can't provide 100% adult supervision.

10:00pm BEDTIME

- Potty Break
- Bedtime... Place in the crate for the night.

GENERAL BREAKDOWN

6:00am – 9:00am	Wake Up/Train/Play/Eat
9:00am – 11:00am	Crate Time
11:00am – 1:00pm	Train/Play/Housetrain
1:00pm – 3:00pm	Crate Time
3:00pm – 5:00pm	Train/Play/Housetrain
5:00pm – 7:00pm	Crate Time
7:00pm – 10:00pm	Train/Eat/Play
10:00pm – 6:00am	Bedtime In The Crate

Need a simplified schedule you can remember off the top of your head?

If you are home during the day, try this:

On the hour, every hour, let your puppy out of his crate to get a drink, go potty and then practice behaviors and or play. After about 15-20 minutes, put them back in the crate or exercise pen until the top of the hour and repeat.

PLEASE NOTE:

Mix up crate and exercise pen time so your puppy is not in the crate too much during the day, which will help them sleep better at night in the crate. As your puppy gets older (4-6 months), you can adjust the schedule, making crate times longer during the day (up to four hours at a time) and they can sleep longer at night 10+ hours. Once your puppy is over one year of age, you can start having them sleep outside the crate and be alone in your home during the day as they are successful at keeping your house accident free.